

Bourbon County Schools Breakfast And Lunch Menu

Breakfast: Milk, Cereal, Toast and Assorted Juice offered Daily
Lunch: Milk, Peanut Butter Sandwich or 4 oz. Yogurt w/ Animal Crackers
100% Whole Grain Rolls, Bread and Buns offered Daily
100% White, Chocolate and Skim Milk Served Daily
Fresh Fruit Offered Daily

August, 2009

Monday

Tuesday

Wednesday

Thursday

Friday

3	4	5	6	7
		Opening Day For Staff	Cereal, Toast Hamburger/Cheeseburger or Grilled Cheese, French Fries Lettuce, Tomato, Pickles Pineapple	Muffin w/ String Cheese WG Pizza , Salad, Corn Applesauce, Brownie
10 Bacon, Toast Hash Brown Sticks Chicken Quesadilla or Taco Bar, Mexican Rice Corn on Cob, Cookie	11 Breakfast Pizza Meat Loaf or Pork Roast / Gravy Roll, Green Beans, Mashed Potatoes Fruit Cocktail	12 Sausage Biscuit & Gravy Grilled Cheese or Hot Ham & Cheese Tater Tots, Baked Beans Fruit Salad	13 Chicken Vittle Chicken Strips or Salisbury Steak/Roll Parsley Potato California Blend, Pears	14 Oats & Cinnamon Toast Chicken Nuggets Or Fish Nuggets, Peas Mac & Cheese Apple Crisp
17 Egg, Bacon & Toast Cheeseburger/ Hamburger Lettuce, Tomato, Pickles or Hot Ham & Cheese Tater Tots, Pineapple	18 Muffin w/ String Cheese Turkey Casserole or Baked Ham, Green Beans Scalloped Potatoes Roll & Jello	19 Sausage Biscuit Spaghetti, Breadstick Salad, Broccoli w/ Cheese Baked Apples	20 Breakfast Pocket Hot Dog or BBQ Potato Wedges Peas & Carrots, Fruit Salad	21 French Toast /Syrup Fish Sandwich or Mini Corn Dogs French Fries, Cole Slaw Peaches
24 Bagel w/ Cream Cheese Chicken Patty Sandwich or Turkey Wrap, Tater Tots Mixed Vegetables, Pears	25 Chicken Vittle Salisbury Steak or Pork Roast/ Gravy, Roll Mashed Potatoes Green Beans, Fruit Salad	26 Sausage Biscuit & Gravy Grilled Cheese or Hot Ham & Cheese French Fries, Baked Beans Peach Cobbler	27 Pancakes /Syrup Taco Bar or Chicken Fajita Wrap Mexican Rice, Corn Pineapple	28 Bacon, Egg & Toast Pizza, Salad, Veggies/Dip Applesauce Cake & Ice Cream
31 Ham Biscuit Oven Fried Chicken or Turkey Roast/Gravy Roll, Green Beans w/ Potatoes, Fresh Fruit Bar				

