



January 2010
BOURBON COUNTY SCHOOLS BREAKFAST AND LUNCH MENU
Breakfast: Milk, Cereal, Toast and Assorted Juice Offered Daily
Lunch: Milk, Peanut Butter Sandwich or 4 oz. Yogurt w/ Animal Crackers Offered Daily
100% Whole Grain Rolls, Bread & Buns Offered Daily
100% White, Chocolate, & Skim Served Daily
Fresh Fruit Offered Daily

Monday

Tuesday

Wednesday

Thursday

Friday

				1 CLOSED NEW YEAR'S DAY
4 Sausage Biscuit Pizza, Salad, Corn, Applesauce, Brownie	5 Breakfast Pizza Hamburger/Cheeseburger Lettuce, Tomato, Pickles or Corn Dog, French Fries Baked Beans, Applesauce	6 Oats & Cinnamon Toast Hot Ham & Cheese or Grilled Cheese, Tater Tots Fruit Cocktail	7 French Toast Sticks /Syrup Chicken Quesadilla or Taco Bar, Rice ,Corn Peaches	8 Biscuit & Gravy Fish Nuggets, or Sloppy Joe, Potato Wedges, California Blend, Apple Crisp
11 EggsPatty, Bacon, Toast Country Fried Steak or Chicken Patty, Roll Scalloped Potatoes, Peas Mixed Fruit	12 Pancake Sausage /Syrup Chicken Noodle w/Crackers GrilledCheese or Hot Ham & Cheese Veggies w/ Dip Banana Pudding	13 Muffin w/String Cheese Roast Turkey w/ Dressing or Chicken Strips/ Roll Mashed Potatoes, Gravy Green Beans, Pineapple	14 Chicken Vittle Spaghetti w/Meat Sauce Bread Stick, Toss Salad Mixed Vegetables, Peaches	15 Sausage Biscuit Fish Sandwich or Ribby Q Sandwich, French Fries, Cole Slaw Pears
18 Closed Martin Luther King Day	19 Biscuit & Gravy Hot Dog or Sub Sandwich Broccoli & Cheese Tater Tots, Mixed Fruit	20 Egg, Bacon, Toast Glazed Ham or Meat Loaf Mashed Potatoes, Roll Green Beans, Peaches, Cookie	21 Bagel & Cream Cheese Hamburger/Cheeseburger Lettuce, Tomato, Pickles or BBQ, French Fries California Blend, Pears	22 Pancakes /Syrup, Fish Nuggets, or Chicken Nuggets Coleslaw, Mac&Cheese Pineapple
25 Pancake Sausage/Syrup Taco Bar or Fajita Rice, Corn Peach Crisp	26 Bacon, Toast Hash Brown Stick Salisbury Steak w/ Gravy or Chicken Strips, Roll, Mashed Potatoes, Carrots, Mixed Fruit	27 Sausage Biscuit Chili w/Crackers, Grilled Cheese or PimentoCheese Veggies w/ Dip, Peach Cup Cookie	28 Breakfast Pocket Pizza, Salad, Corn on Cob Applesauce Cake & Ice Cream	29 Muffin, String Cheese Fish Sandwich or Mini Corn Dogs French Fries, Baked Beans Fresh Fruit