



Bourbon County Schools Breakfast and Lunch Menus
Breakfast Milk, Cereal, Toast And Assorted Juice offered Daily
Lunch Milk, Peanut Butter or 4 oz. Yogurt w/ Animal Crackers offered Daily
100 % Whole Grain Rolls, Bread and Buns Offered Daily
1% White, Chocolate and Skim Milk Offered Daily
Fresh Fruit Offered Daily

October 2010

Monday

Tuesday

Wednesday

Thursday

Friday

				1 Chicken / Bun Chili/Crackers Grilled Cheese or Pimento Cheese Raw Veggies w/ Dip Apple Crisp
4 Fall Break	5 Fall Break	6 Fall Break	7 Fall Break	8 Fall Break
11 Breakfast Pocket Salisbury Steak or Chicken Strips, Roll Mashed Potatoes Green Beans, Fruit Salad	12 Chicken / Bun Chicken Noodle Soup Crackers, Grilled Cheese or Hot Ham & Cheese Veggies w/ Dip, PeachCup	13 Sausage, Biscuit & Gravy Spaghetti, Breadstick, Garden Salad Broccoli & Cheese , Peaches	14 Bacon, Toast, Hash Browns Hamburger/Cheeseburger Lettuce, Tomato, Pickles or BBQ, French Fries Jello, Mixed Fruit	15 Oatmeal,Cinnamon Toast Pizza, Corn GardenSalad Applesauce, Brownie
18 Pancakes & Syrup Chicken Patty or Turkey Wrap Scalloped Potatoes Mixed Vegetables Roll, Pears	19 Breakfast Pizza Mini Corn Dogs or Sloppy Joe Potato Wedges, Baked Beans Mixed Fruit	20 Sausage Biscuit Taco Bar or Chicken Fajita Wrap Mexican Rice, Corn Apple Crisp	21 Egg, Bacon, Toast Meat Loaf or Country Fried Steak Mashed Potatoes, Peas & Carrots, Roll Peaches	22 Muffin w/ String Cheese Fish Nuggets or Chicken Nuggets Mac & Cheese, Cole Slaw Applesauce
25 Egg & Cheese Biscuit Chili /Crackers Grilled Cheese or Pimento Cheese Veggies w/ Dip Peach Cup	26 Chicken / Bun Baked Ham or Pork Roast w/Gravy Roll, Mashed Potatoes, Green Beans, Mixed Fruit	27 Sausage, Biscuit & Gravy Hot Dog or Sub Sandwich French Fries Broccoli & Cheese Pears	28 French Toast/Syrup Hamburger/Cheeseburger Lettuce, Tomato, Pickles or BBQ, Tater Tots Peaches	29 Whole Grain Poptart Papa John's Pizza Corn, Garden Salad Applesauce Cake & Ice Cream