



## Bourbon County Schools Breakfast and Lunch Menu

Breakfast Milk, Cereal, Toast And Assorted Juice offered Daily  
 Lunch Milk, Peanut Butter Sandwich or 4 oz. Yogurt w/ Animal Crackers  
 100% Whole Grain Rolls, Bread and Buns Offered Daily  
 1% White, Chocolate, And Skim Milk Served Daily  
 Fresh Fruit offered Daily

### October 2009

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

			<p>1 Waffle Sticks/Syrup</p> <p>Hamburger/Cheeseburger Lettuce, Tomato, Pickles or Hot Ham &amp; Cheese Fries Fries, Pineapple</p>	<p>2 Oats &amp; Cinnamon Toast</p> <p>Chicken Nuggets or Fish Nuggets, Peas Mac&amp; Cheese,Apple Crisp</p>
<p>5 Muffin w/ String Cheese</p> <p>WG Pizza, Garden Salad Corn, Applesauce Brownie</p>	<p>6 Breakfast Pizza</p> <p>Meat Loaf or Pork Roast Gravy, Mashed Potatoes Green Beans, Roll Fruit Cocktail</p>	<p>7 Sausage, Biscuit &amp; Gravy</p> <p>Chicken Strips or Country Fried Steak Scalloped Potatoes California Blend, Peaches</p>	<p>8 Chicken Vittle</p> <p>Taco Bar or Chicken Fajita Wrap Mexican Rice, Corn Pineapple</p>	<p>9 French Toast/Syrup</p> <p>Chili/Crackers Grilled Cheese or Peanut Butter Uncrustable Veggies w/ Dip, Pears</p>
<p>12 Fall Break</p>	<p>13 Fall Break</p>	<p>14 Fall Break</p>	<p>15 Fall Break</p>	<p>16 Fall Break</p>
<p>19 Pancakes &amp; Syrup</p> <p>Cheeseburger/Hamburger Lettuce, Tomato, Pickles or Chicken Nuggets Tater Tots, Pineapple</p>	<p>20 Egg, Bacon, Toast</p> <p>Chicken Noodle Soup Crackers, Grilled Cheese or Hot Ham &amp; Cheese Veggies w/ Dip, Pears</p>	<p>21 Sausage Biscuit</p> <p>Spaghetti, Breadstick, Garden Salad, Corn Baked Apples</p>	<p>22 Breakfast Pocket</p> <p>Chili/Plain Hot Dog or BBQ, Baked Chips Glazed Carrots Fruit Bar, Cookie</p>	<p>23 Oats &amp; Cinnamon Toast</p> <p>Fish Sandwich or Sub Sandwich Cole Slaw, French Fries Peaches</p>
<p>26 WG Poptart &amp; Cereal</p> <p>Chicken Patty/Bun or Turkey Wrap Tater Tots, Baked Beans Pears</p>	<p>27 Chicken Vittle</p> <p>Baked Ham or Pork Roast w/Gravy Roll, Mashed Potatoes Green Beans, Fruit Salad</p>	<p>28 Sausage, Biscuit &amp; Gravy</p> <p>Wheat Corn Dog or Chicken Nuggets Potato Wedges California Blend Peaches</p>	<p>29 Pancake/ Syrup</p> <p>Taco Bar or Chicken Fajita Wrap Mexican Rice, Corn Pineapple</p>	<p>30 Bacon, Egg,Toast</p> <p>Pizza, Garden Salad Veggies/Dip Applesauce Cake &amp; Ice Cream</p>